



**NORTHGATE**  
*High School*

# Activities Days 2019

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**Thursday 18th  
& Friday 19th  
July 2019**



April 2019

### Activities Days 18th and 19th July 2019

Dear Parents/Carers,

We are pleased to present the fourth year of Activities Days for Year 7, 8 and 9 pupils. The aim is to allow pupils the opportunity to try out things they might not usually do and to mix with people they might not usually meet.

This brochure provides a guide to the activities on offer. All activities are subject to availability and therefore subject to change. Pupils need to choose a first, second and third choice carefully. These choices should all be activities that they are happy and willing to do, as we are unable to guarantee everyone's top choices. Please also note that friendship groups will have no bearing on activity allocations and we will not make changes for friends who find themselves on different activities.

When choosing an activity, the cost is an important consideration. Please look at this carefully as this can lead to problems later if payment becomes an issue. When choosing an activity the choice should reflect affordability. Financial assistance may be available – more details can be found on the school website within our charging and remissions policy.

On the choices sheet some activities have a \* next to them. These activities were oversubscribed last year. To avoid disappointment pupils should only choose a maximum of two activities that are starred.

Activities are not allocated on a first come, first served basis for forms received on time: all forms received **by the deadline** will be processed equally, using a fair selection process for oversubscribed activities. However, returning the Activity Choice Form after the deadline is likely to result in pupils being offered a more limited choice of activities. Please also note that we are not able to give priority to pupils in Year 8 or 9 who did not get one of their top choices last year.

The Activity Choice Form needs to be signed and returned to the box in the Lower School or Middle School office by **Wednesday 1st May, 2019**.

Please do not send any money at this point. Details about payments will be provided once each pupil has been allocated an activity. We aim to finalise activity allocations and to open up the payment window before May half term.

Yours sincerely,

Mr Coventry  
Activities Day Co-ordinator



# Archery and Treasure

## Day 1: Learn to shoot

Beginners' archery course at Perris Archery in Raydon, Suffolk

Tuition and all equipment will be provided.

## Day 2: Take part in a treasure hunt around the school site

Create your own treasure hunt for other pupils to complete.



**Activity Leaders:** Mrs Rojek and Mr James

**Price per pupil:** £37

**Timing:** Day 1: Normal school day

Day 2: Normal school day, in school



# Assault Your Senses

Across the two days you will visit The Playground and Aquafest. Both of these activities involve lots of physical challenges with The Playground being a land based assault course and Aquafest being of a similar nature but on water. Be prepared to be active, give everything a go, and have fun!!!

**Required equipment:**

**Playground:** active wear that you don't mind getting dirty/muddy, towel and change of clothes for afterwards.

**Aqua Fest:** swimwear to participate, towel.



**Activity Leader:** Miss Patrick

**Price per pupil:** £55

**Timing:** **Day 1:** Normal school day  
**Day 2:** Normal school day





# Bake Off

**Are you ready to roll up your sleeves  
and enjoy two days of bake off fun?**

Maybe you are already an avid baker or maybe you want to learn new skills; then this is the activity for you! Over the two days we will make, bake and decorate a range of baked goods, from pastries to breads, biscuits to cakes. Challenges will include the bake off style technical challenge, as well as other opportunities to be shown demonstrations and then apply these to your bakes. There will be lots of ingredients available to help you get creative with your makes, as well as mastering some classics.



**Activity Leader:** Mrs Grant

**Price per pupil:** £17

**Timing:** **Day 1:** Normal school day, in school  
**Day 2:** Normal school day, in school



# Cake, Beads & Burning

## Day 1: Make and bake your 2 sponges

Learn a range of cake decorating techniques. Make your animal template or adapt the pre-made templates provided.

Decorate your cake based on a chosen animal design.

## Day 2: Making Shamballa bracelets and pyrography

Pyrography – the art of decorating wood with burn marks! You will be provided with a range of different wooden gift items to decorate.

Shamballa bracelets – make a bracelet using a range of beads and waxed cord.

You will not need any special equipment – everything will be provided for you, even the box to take your cake home!



**Activity Leaders:** Miss Hunting and Miss Hallett

**Price per pupil:** £20

**Timing: Day 1:** Normal school day, in school

**Day 2:** Normal school day, in school



# Detective Days

**Think of yourself as a detective?  
Join us for ESCAPE ENIGMA!**

## **Day 1: Escape room**

Locked in a mysterious room with 60 minutes to get out... does your team have what it takes to escape? After this there will be some time for lunch before you head off to Superbowl for some bowling and ninja tag!

**Day 2:** Day two will involve team games around the school site where you will have to solve puzzles, find clues and scavenge information to be the first team back to base!

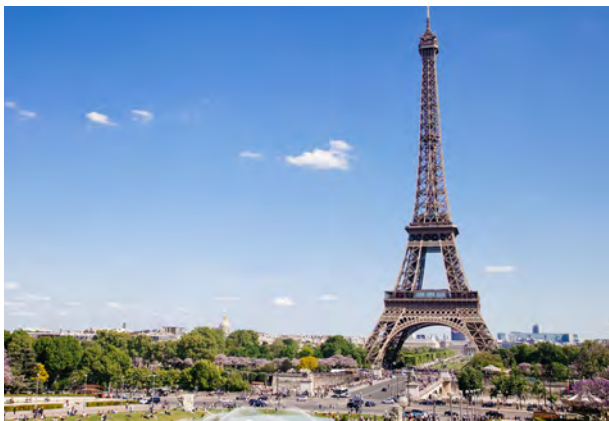


**Activity Leaders:** Mrs Daglish and Miss Cannell

**Price per pupil:** £40

**Timing: Day 1:** 9:30am (if pupils meet us at the venue) otherwise the mini bus leaves School at 9:15am, returns at 3:10pm

**Day 2:** Normal school day, in school



# European Days

## Day 1: Preparatory activities

This involves researching France and Francophone countries, traditions and festivals. Also, preparing a booklet to facilitate the visit to the Europa Centre.

## Day 2: A visit to the Europa Centre, Hornchurch

Here you will have a diverse and immersive language learning experience. A chance to learn and to stretch your language skills.



**Activity Leader:** Dr Ohakwe

**Price per pupil:** £30

**Timing: Day 1:** Normal school day, in school

**Day 2:** Depart 9am, return 4.45pm





# Experimental Photography

An opportunity for pupils to develop their photography skills and to use Northgate's fantastic photography facilities – normally only used by sixth-formers!

## Day 1: Visit to Ipswich Museum and Christchurch Park

- You will be undertaking a photo 'scavenger hunt'.
- You will be given guidance on how to take a great photo!
- Imagery and objects collected will then be used within day 2's activities.

## Day 2: A day in the photography studio

- Experimenting with traditional and digital photography techniques, to make your final outcome.

**Required equipment:** Cameras, SD cards, phones and phone leads to take photographs.

**Activity Leaders:** Miss Rackham and Miss Gladding

**Price per pupil:** £5

**Timing: Day 1:** Normal school day

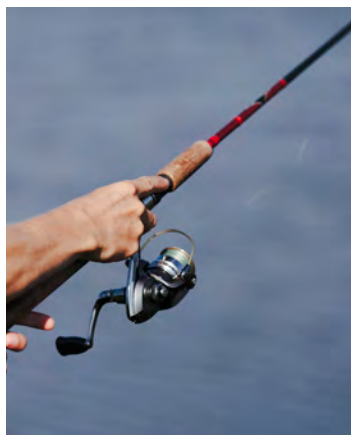
**Day 2:** Normal school day, in school



# Fishing Tournament

This is a two day fishing tournament, where everyone is welcome. However, all participants must have their own fishing equipment. There will be a different fishing lake for each day. Transport will be provided for both days and tickets for the lakes are included in the price. A packed lunch is required on both days.

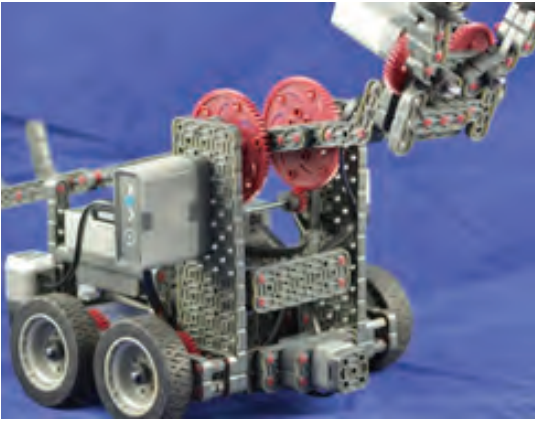
**All entrants will need an environmental agency fishing licence to cover both days.**



**Activity Leader:** Mr Bradbrook

**Price per pupil:** £20

**Timing:** **Day 1:** Normal school day  
**Day 2:** Normal school day



# Fun with Robots

**Day 1:** Learn about how to write a program to navigate a robot autonomously around an arena, collecting points and avoiding obstacles. We'll also use a programming app to control robots "Sphero" and "BB8"

**Day 2:** Further opportunities to advance your skills in programming robots, and develop your teamwork and communication skills. There'll be an ongoing team challenge through the two days, to design and build a rescue robot.

Over the two days you'll tackle 4 different robotic challenges.



**Activity Leader:** Mr Pettitt

**Price per pupil:** £25

**Timing: Day 1:** Normal school day, in school

**Day 2:** Normal school day, in school



# Game On

Do you fancy yourself as a property tycoon? Maybe an X wing pilot? Or possibly just the King of Tokyo?

If so, join us for two days of board gaming and experience a range of board card and dice games.

You can bring in your own games to play, however, please note that anything you bring in is your responsibility and the school takes no liability for these items.



**Activity Leader:** Mr Watt

**Price per pupil:** FREE

**Timing:** **Day 1:** Normal school day, in school  
**Day 2:** Normal school day, in school





# Harry Potter

## Would you like to attend the Northgate School of Witchcraft and Wizardry for two days?

If all things Potter is for you, and attending Harry Potter World (also known as Warner Brother's Studio London) is for you, then send your responses by owl back to the school.

### Day 1: The Northgate branch of Hogwarts.

Decorating cakes in the style of all things Potter.

Playing Harry Potter games, quizzes and more.

Making Harry Potter-style Arts and Crafts.

You can also watch one of your favourite Potter films!

Finally, for those of you who wish to be fully immersed in the world of Potter, you can come dressed as a character on the school day!

### Day 2: Harry Potter World, Warner Brother's Studios Tour, London.

This will last the entire day! You will see many amazing Potter treasures, walk through the Great Hall, take a trip down Diagon Alley and hop on the Hogwart's Express!

**Activity Leaders:** Mrs Clackett and Mrs Clark

**Price per pupil:** £45

**Timing:** Day 1: Normal school day, in school

Day 2: Depart 9am, return 6pm



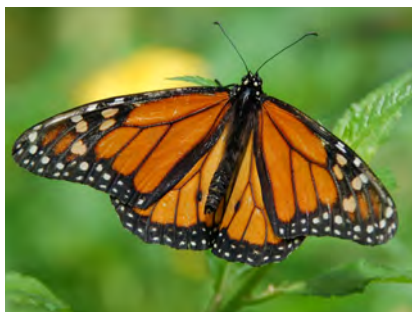
# Into the Woods

## Day 1: Bradfield Woods

## Day 2: Rendlesham Forest

Over the two days you will learn survival skills of shelter building, orienteering, bug hunting, art using natural materials and fire building.

**Required equipment:** You will need to bring a packed lunch and drinks with you. You will need to be in comfortable clothes suitable for outdoor activities and weather conditions e.g. waterproof coat, sunhat/sun cream etc. You should have trainers or equivalent comfortable footwear.



**Activity Leaders:** Miss Cage and Ms Heywood

**Price per pupil:** £30

**Timing:** Day 1: Normal school day

Day 2: Normal school day



# Knitting together for those in need

## Knit for a worthy cause

Whether you are an experienced knitter or a beginner, you will have the opportunity to learn, have fun and know that what you make will bring comfort, warmth and happiness to others.

There will be a short talk from a representative of the charity that knits for Help for Heroes, showing us how their knitted items help.

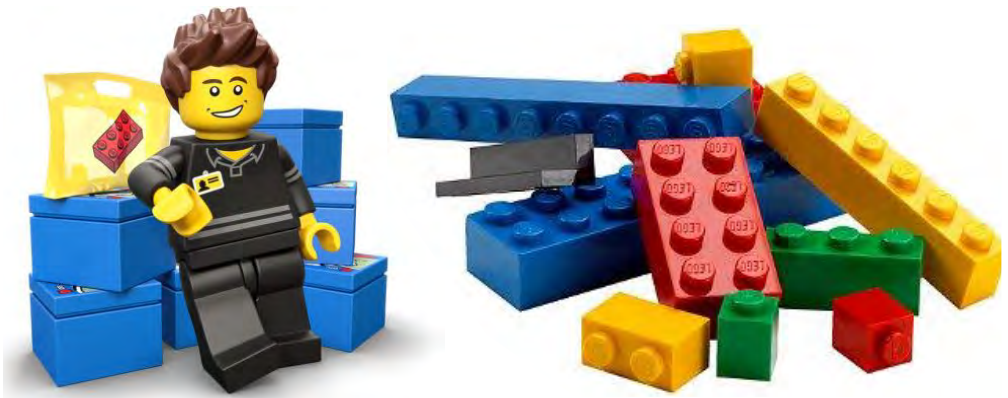
Refreshments, materials and equipment are provided.

**Activity Leaders:** Mrs Samson and Mrs Fuller

**Price per pupil:** FREE

**Timing:** Day 1: Normal school day, in school

Day 2: Normal school day, in school



# Lego Masters

**Fancy yourself as a Masterbuilder?  
This activity might be for you!**

Spend two days of building with master Brickologist Brian Hewitt. There will be challenges, competitions and you'll learn from the best builder around.

Lego is provided, all you need is your imagination.

**Day 1: Morning:** Building stable and unstable structures  
**Afternoon:** Lego Master Challenge

**Day 2: Morning:** Series Challenge including:  
1. Stability  
2. Weight  
3. Replication  
**Afternoon:** Lego Master Challenge Cup

**Activity Leader:** Mr Kellett

**Price per pupil:** £20

**Timing: Day 1:** Normal school day, in school

**Day 2:** Normal school day, in school





# Mod Roc Aliens

- Day 1:** You will be researching ideas for Alien mask/face designs and creating mod roc alien faces.
- Day 2:** On the second day you will design the colours for your aliens and paint the mask and then create a drawing of your home world.



**Activity Leader:** Mrs Calvesbert-Rearden

**Price per pupil:** £6

**Timing: Day 1:** Normal school day, in school

**Day 2:** Normal school day, in school



# National Space Centre

**This trip would suit pupils with  
a keen interest in space and science.**

## **Day 1: Visit to the National Space Centre in Leicester**

With six interactive galleries, the UK's largest planetarium, and the iconic 42m high Rocket Tower, the award-winning National Space Centre is an out of this world experience. The visit will also include a talk in the Sir Patrick Moore planetarium and a science workshop where the students will use Lego to make a lunar robot.

**Required equipment:** School uniform to be worn. Notebook, a pen and a packed lunch is required.

**Day 2:** Back at school the students will create a 15 minute presentation about an aspect of the Space Centre that engaged them.

This will be presented in the afternoon to the rest of the group with prizes awarded for the best presentation.

**Required equipment:** No school uniform required. Your notes and photos from the visit. Packed lunch.

**Activity Leaders:** Mr Elmer and Mr McIntyre

**Price per pupil:** £55

**Timing: Day 1:** Depart 7am, return 6pm

**Day 2:** Normal school day, in school



# Pleasure and Adventure

## Day 1: Pleasurewood Hills.

Have a day of fun at the Pleasurewood Hills theme park.

## Day 2: Thorpe Woodlands Activity Centre

Complete a range of activities climbing, high ropes and canoeing.

**Required equipment:** Packed lunch is required on both days. You will need to wear something suitable for the activities and a change of clothes is advisable.



**Activity Leader:** Mrs Anderson

**Price per pupil:** £66

**Timing: Day 1:** Depart 8:30am, return 5.15pm

**Day 2:** Depart 8.00am, return 5.30pm



# Really Wild

## **Day 1: Explore the marine life at the Sea Life centre, Great Yarmouth.**

The day includes a chance to explore the centre and learn about a wide range of aquatic organisms. If the weather is fine, we will spend a short period of time on the beach. Please note that we are not going to be paddling or swimming!

## **Day 2: Discover over 260 species at Colchester Zoo.**

Navigate your way through the different enclosures to get up close and personal with the animals. The day includes a 45 minute talk on 'Primates', led by zoo experts, and time to explore the zoo in groups.

**Required equipment:** You will need a packed lunch for both days.

Pupils will have the opportunity to buy extras if they wish, so you may wish to bring some spending money.

**Activity Leader:** Mr Grainger

**Price per pupil:** £35

**Timing: Day 1:** Depart 8:45am, return 3:15pm

**Day 2:** Depart 8:30am, return 3:15pm





# Sailing

You will take part in exciting and entertaining water based activities. You will be sailing, canoeing, windsurfing, raft building and stand-up paddle boarding. You'll generally be getting very wet and having a great time, whilst learning loads of things that you wouldn't usually have the opportunity to take part in.

A willingness to participate is essential. Sitting on the shore watching will NOT be an option. Being able to swim would be beneficial although not essential; but we will need to know if you can't. Pupils will be given buoyancy aids at all times while on and close to the water

**Required equipment:** A change of clothes and towel. Lunch and a full water bottle.



**Activity Leader:** Mr Jenner

**Price per pupil:** £85

**Timing: Day 1:** Depart 9.10am, return 5.15pm

**Day 2:** Depart 9.10am, return 5.15pm



# Seas the Day

**Fancy messing about by the sea? If you do, our trip is for you!**

## **Day 1: Thorpeness & Aldeburgh**

- We start our day with boating at Thorpeness. Take out time to explore the islands before heading back for a short walk along the beach to Aldeburgh.
- In Aldeburgh we will stop for lunch; fish and chips from the famous Aldeburgh Fish and Chip shop. After lunch, it's time for some games on the beach!

## **Day 2: Southwold and Walberswick**

- In the morning, we will visit the beautiful North Suffolk seaside town of Southwold. Take in all the attractions of the working lighthouse, beach huts, award-winning pier, busy harbour, cliff top cannon and of course the beach!
- Bring a packed lunch and we will all enjoy a British summer picnic on the beach and we will see who can make the best sandcastle!
- In the afternoon, we will walk to the Georgian town of Walberswick; a completely charming and perfect setting for the second day of our trip! Surrounded by protected marsh and heath lands, the beach at Walberswick is long and sandy, backed by grassy dunes.
- We will learn the art of crabbing! Then the competitions commence! There will be prizes for the most catches and of course we will discover who can land the single heaviest crab!

**Activity Leader:** Mrs Bothwell-O'Hearn

**Price per pupil:** £40

**Timing: Day 1:** Depart 8:30am, return 3.10pm

**Day 2:** Depart 8:30am, return 3.10pm



# Ski-olf

## Day 1: The Suffolk Leisure Park

Sporting activities: tobogganing, ringos, high ropes and mini-golf.

## Day 2: Bramford Golf range

Driving range, lessons with a professional, 9 hole golf course, golf tennis, golf rounders, golf putting challenge!

**Transport is NOT included, so pupils will need to arrange their own transport to and from the venues.**



**Activity Leaders:** Mr Asher & Mrs Asher

**Price per pupil:** £40

**Timing:** Day 1: Meet at 9:45am, pick up at 3pm

Day 2: Meet at 9:45am, pick up at 3pm





# The Northgate Games

## Looking to be active on Activities Days?

Join Mr Baalham and Mr Tunaley for team games over two days – whose team can work together, adapt to different challenges and be the best?

Your team will tackle a mix of games and modified games, sometimes with an international flavour.

The two days are about **HAVING A GO, ENJOYING BEING ACTIVE, TEAMWORK** and **GOOD FUN!**

**Required equipment:** Comfy sports kit



**Activity Leaders:** Mr Baalham and Mr Tunaley

**Price per pupil:** FREE

**Timing:** **Day 1:** Normal school day, in school

**Day 2:** Normal school day, in school





# Unicorntastic

## Two fun-filled days of unicorn crafts

Make wreaths, decorate your initials, flowerpots, headbands and more!



**Activity Leader:** Mr Snowden

**Price per pupil:** £25

**Timing:** Day 1: Normal school day, in school

Day 2: Normal school day, in school



# University Challenge

## **Day 1: The University of Suffolk and Ipswich Waterfront historic trail**

Pupils will be given a taste of University life through a variety of University staff and student ambassadors led activities then take part in memory challenges and team building activities. Mr Banham will lead the students on a trail of the waterfront area and they will have a guided tour of the Campus. To round up the day students will take part in a University challenge type quiz against students from Holbrook Academy.

## **Day 2: Cambridge University and a tour of the City**

Pupils will be provided with a behind the scenes tour of the university and have an opportunity to visit and see famous buildings such as St Johns' College Chapel, the Senate House and King's College. There will also be an opportunity to explore the university's library and look at some of the most unusual and rarest books in the world. They will have a chance to tour the locations used for famous films and find out more about ex-students such as Stephen Hawking, Prince Charles and Stephen Fry.

These two days will provide pupils with an inspirational insight into university life and time to explore the history of Cambridge and the waterfront area of Ipswich.

**Activity Leader:** Mr Banham

**Price per pupil:** £20

**Timing:** Day 1: Normal school day

Day 2: Depart 8:30am, return 4pm

# Activity Choice Form

Pupil Name: ..... Tutor Group: .....

Please indicate your first, second and third choices for Activity Days. Return to the box in either the Lower or Middle School office by the **1st May 2019**.

\*Please choose **no more than 2 activities** with a star next to them. These trips have limited availability.

Activity name	1st Choice	2nd Choice	3rd Choice
Archery and Treasure			
Assault Your Senses*			
Bake Off			
Cake, Beads and Burning			
Detective Days			
European Days			
Experimental Photography			
Fishing Tournament			
Fun with Robots			
Game On			
Harry Potter*			
Into the Woods			
Knitting together for those in need			
Lego Masters			
Mod Roc Aliens			
National Space Centre*			
Pleasure and Adventure			
Really Wild*			
Sailing			
Seas the Day			
Ski-olf*			
The Northgate Games			
Unicornastic			
University Challenge*			

I/we consent to the above choices for my child for Activities Days.

Signed (parent/carer): ..... Date:.....



